

ಮೈಶೂರು ತಿಲ್ಲ MYSURU SHILPI



Hon. Secretary
Raghunath R.

V Gurudatt & Ramadevi Srikanth

VOLUME: 24 APRIL 2019 SPECIAL ISSUE

KNOW THY CHAIRMAN

Profile of Mr. J.V.R. Naidhruva, Chairman BAI, Mysuru Centre, 2019-20

Mr. JVR Naidhruva was born on the 20th of November, 1964 at Jadigenahalli near Bengaluru to S m t . R a j a l a k s h m i a n d

Sri J. Venkataramaiah. With a strict and disciplinarian father and a tradition bound mother, he was brought up in a very conducive environment. Both the parents put in extra effort to see that the children were thorough in every sphere of life.

After completing his diploma in Civil Engineering, Mr. Naidhruva started his career with the HAL Quarters Construction Project and later worked as Project Supervisor at Tarapur and Co., for the prestigious Titan Watches Project. The major turning point in his life was when he got the seat to study Civil Engineering at National Institute of Engineering, which brought him to Mysuru, the city he considers as his 'Karmabhoomi.' He began his profession in Mysuru with Space Consultants, Architects and Engineers. Later, he and Mr. M.S. Ramprasad started a partnership firm, R.N. Constructions. His in-depth knowledge and skill are showcased in the execution of 450 odd residential, commercial and industrial buildings.



He has been involved in development of apartments as a partner in the firm 'Vinyasa Developers'. Presently, his work is in construction and supervision of residential buildings and commercial spaces. His designs blend the time tested aesthetics of the past with the modern technology to cater to today's generation. He is the recipient of the prestigious 'Builder of the Year' award from BAI, Mysore Centre for the year 2018-19



He joined BAI Mysore Centre in the year 2004 and has held various responsible positions which he has executed with utmost sincerity. He is a life member of institute of engineers, India, Mysore Chapter, member of ACCE (I), Mysore chapter, member of National Institute of Engineering Soceity, Mysore, member of Builders NGV club and Vijayanagar sports club and a life member of Badaganadu Sangha.

With a penchant to keep himself updated with the current technology, he has enhanced his technical skills by learning of AUTOCAD and other software applications pertaining to construction. He has completed a course in Practical Approach to Design of Structures from Department of civil engineering, National Institute of Engineering.

A Carrom and Chess champion at college level, he is also a sports and adventure lover. His love for music is well known. Being a fitness freak, he practices Yoga regularly. With his love for travel, he has visited most of the happening places across the globe.

A happily married man, he leads a content life with Smt. Naganandini, a Master's Degree holder in Science, a former teacher and active member of spoorthi, the ladies wing of BAI. Both are blessed with a daughter Madhurya, an Electronics and Communication Engineer currently pursuing her Master's in Engineering at SJSU, California, USA.





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Profile of

Sri J C <u>Sharma</u>

Vice Chairman & Managing Director Sobha Ltd.,

Mr.J.C. Sharma is the Vice Chairman and Managing Director of SOBHA Limited, a Rs.28 billion real estate company. In his 17 years with SOBHA, Mr. Sharma has ably steered the company to become one of the most respected and trusted real estate brands in India.

Mr. Sharma's long stint at SOBHA has enabled him to acquire SOBHA's core values of integrity, commitment and its philosophy of 'Passion at Work' as his own. This is deeply reflective in his personality and is evident in his PASSION AT WORK day-to-day work. His impeccable integrity, perseverance, patience and



continued focus on the big picture combined with his down-to-earth attitude makes him a true leader. He was instrumental in leading the IPO of SOBHA in 2006, an event that created history when the issue got over subscribed by a record 126 times! Mr. Sharma has played an unprecedented role in enabling SOBHA set benchmarks of top-notch quality, timely delivery and transparent business practices in the sector.

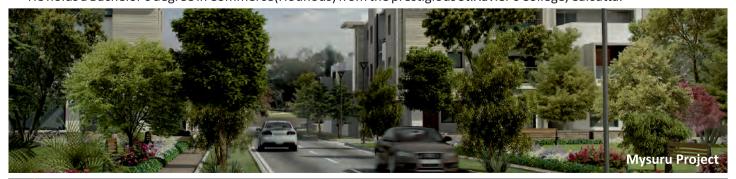
It is under his leadership and guidance that the company has grown from strength to strength,

employing around 3000 people directly. Mr. Sharma's vast knowledge of the Indian real estate sector makes him a thought leader par excellence. He is an eminent speaker and features regularly at some of the top industry platforms. He has served as the President of CREDAI, Bengaluru (2015-17), the apex governing body representing Indian real estate. He was also the Chairman, FICCI Sub-committee on South India Real Estate and a fellow member of the Royal Institution of Chartered Surveyors. He continues to be associated with these industry bodies among others, working persistently towards bringing positive changes in the Indian real estate sector.

Mr. Sharma has been honoured by many prestigious institutions and industry bodies for playing a pivotal role in the company and the Indian real estate sector at large. He was recognised as the 'Best CEO in Real Estate' by NDTV Property Awards 2014 for his contribution to the Indian real estate industry. He has also been awarded the 'Asia's Best CEO' by Institutional Investor Magazine in the realty sector for 2013. Further, he was bestowed with 'Pathfinder's Award for the Most Enterprising CEO' by Realty Plus in 2011. Under his sterling guidance, SOBHA has won over 170 accolades.

Mr. Sharma is a qualified Chartered Accountant and Company Secretary with an exhaustive career spanning across 35 years in sectors such as textiles, steel and real estate.

He holds a Bachelor's degree in Commerce (Hounous) from the prestigious St. Xavier's College, Calcutta.





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Profile of Sri K. Sriram

A thorough professional to the core and an achiever, Sri K. Sriram has been instrumental in changing the construction scenario in the southern part of Mysore. His futuristic vision and dynamic persona has brought many a radical change in the functioning of our BAI Mysore centre. He is one among the few who have been associated with this centre from the time of its inception.

Sriram was born on 20th March 1966 at Durgapur to Late B N Krishnamurthy (former BAI member) and Late Smt. Saraswathi. He is married to Smt. Anupama, a graduate in music. The couple have two sons Rajeev and Sanjeev.

An Engineer from SJCE Mysore, with a specialization in structural rehabilitation has been in the construction industry for the past 36 years. After executing several construction projects across the country the family owned business has now got into real estate development.

As a consultant in repair and rehabilitation of structures, he has undertaken several projects across the country and has received special acclaim for path breaking work in Radiation containment at medical facilities. He is the Managing Partner of M/S TAPOVAN PROJECTS that is into Apartments, villas, senior care & hospitality. He is also a passionate horticulturalist tending their family owned farm called "Carisbrook" near Mysore airport.

He has served as the Chairman of the Builders' association of India, Mysore chapter, State Chairman BAI Karnataka, the founder President of the confederation of real estate developers associations of India(CREDAI) Mysore chapter, founder secretary of CREDAI Karnataka, founder of IGBC MYSORE, Co-Chairman(India) of the International Federation of Asia & Western Pacific

Contractors Associations (IFWAPCA). Member of the national jury at the PLANNING COMMISSION OF INDIA for the prestigious VISHWAKARMA AWARDS, Head of the Infrastructure Panel of CII (confederation of Indian industry) & Managing Trustee of the Mysore Builders Charitable Trust.

He has served on several committees of the Bureau of Indian standards and was part of the nine member indian delegation on Eco Smart Cities to China. He is a passionate teacher and has delivered lectures across various fora. He was recently conferred with a Distinguished Fellowship by the Indian Green Building Council. He is a member of Rotary Central Mysore for the past 18 years.

He is currently:

National Vice President, Builders' Association of India

Convener, National Advisory Council, BAI

Joint Secretary, CREDAI, National.

Chairman, National Green Skills Committee, IGBC

Member, National Executive Committee IGBC

Member of the committee drafting the new "IGBC, Green Affordable Housing" rating System.

Member of the "National Vision Panel" on technology for affordable housing, Govt. of India.

Oft repeated sayings of Sriram,

"Never run away from the Problem. Face it with courage and Tact".

"Never compromise on quality time with family. It is the primary duty and Priceless one".

"Lets us all try doing things, Failures happen, we should not lose interest in the goal because of failures. We need to introspect, correct ourselves and make progress".

His charismatic personality and exceptional oratory skills have brought him a big legion of admirers. Yours truly is also one among them.

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Profile of Sri R AMBIKA PATHY

Sri Ambika pathy was born in the year 1954, at Bangalore to Late Smt. Rajamma and Sri G. Ramachandra. He has completed his Bachelors' degree in Commerce.

Started his career as Builder in his early age. Presently he is continuing his profession as Builder and Developer, a Class-I Contractor at Karnataka Public Works Department, Bangalore. He has completed many individual and multi storied building projects in Bangalore which are worth several crores. Currently his major Projects are with Bruhat Bangalore Mahanagara palike, BDA and KPWD at Bangalore.

He has served at various levels in Builders' Association of India Bangalore centre. To name a few, he was Executive committee member from 2001-2007, Hon. Treasurer from 2007-2009, Hon. Secretary in the year 2010-2011, Vice Chairman of BAI Bangalore centre from 2013-2015. He was the Chairman of BAI Bangalore centre in the year 2015-2016. Presently he is the State Chairman of BAI Karnataka. **Presently he has been elected as State Chairman BAI, Karnataka.** Apart from this, he has been associated with many Social organizations such as President of Contractors Association at Bruhat Bangalore Mahanagara Palike Bangalore, Vice President of KSCA, Trustee at BAI Construction Academy and Research Trust, Director for JASMA Trust, Director for KSCA Co-operative society and many more.

He is happily married to Smt. R Ashwathamma, who was the ex-Councillor at BBMP Bangalore, and blessed with three children. He has a son Mr. R.A. Pradeep who has completed his B Com. Among his two daughters, Mrs. R.A. Sunitha has completed her BE, MBA, and Mrs. R.A. Divya is a Graduate in Engineering.





Message From

Sri S R SWAMY



Managing Trustee, Mysore Builders Charitable Trust

Greetings and Good Wishes from Mysore Builders Charitable Trust. My hearty congratulations to the Chairman, Sri. J V R Naidhruva, and entire team for having been elected unanimously for the year 2019-2020.

It is a feather in your cap as you step in as chairman, BAI Mysuru Centre in the 32nd year of its formation. You have lot of responsibilities in organizing the annual events of our Centre, achieve name and fame in the course and take the centre to greater heights. I, being the Managing Trustee of Mysore Builders Charitable Trust request you to work together and grow together. I request the office bearers and all members of BAI to kindly support and co-operate to fulfil the aims and objectives of Mysore Builders Charitable Trust's vision 2025.

Wish you all the success. May this Centre go on to excel itself.



Prop. K.R. Prabhakar Rao

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Profile of Sri NS Muralidhara

Sri. N S Muralidhara was born in the year 1960, to Late. N Shamanna and Late. Padmamma. He obtained his Bachelors degree in commerce from Banumaiah college mysore and was Trained in the manufacture of Tor Steel from TRFI Bangalore.

He started his career as works manager at Vijaya steels Bangalore, from 1974-1980. Later in the year 1983, he started Supertik industries a steel rolling mill at mysore. From 1991 till date he is into Shyam steels, dealer in steel and cement mysore.

Since 2008 till date he is the Managing Director, Foundations Pvt Ltd., Mysore. He has served at different capacities at Builders' Association of India, Mysore centre. He was Hon Treasurer 1998-99, Hon. Secretary 1999-2001, Hon. Vice Chairman 2001-03, Chairman BAI mysore centre during 2004-05. Since 15 years he is the All India Governing Council member, Hon. Secretary BAI Karnataka during the year 2007-08. In 2012 he was the Chairman for 25th All India National convention, and during 2013-14 he was the State Chairman BAI Karnataka, PRO BAI National 2017-18, and Chairman, Image Building, BAI National 2018-19. **Presently he has been nominated as Regional Co-ordinator South, BAI National.** He has also served as President, Lions Club International, Jayalakshmipuram Mysore, Zone Chairman 1995-96, Region Chairman 1996-97, District Chairman 1998-2004, Additional Secretary activities 2006-07, Cabinet Treasurer 2009-10, District Ambassador 2010-11, District PRO 2011-12. He was Secretary CREDAI Mysore in the year 2017-19, Vice President CREDAI Mysore 2019-21.

He is also associated with many Social organization such as Member of Kanteerava Narasimharaja Sports Club, mysore, Life member ISKCON, Life Member Chamber of Commerce and Industry, Life Member Vivek Social club Mysore, Patron Member Builders NGV Club Bangalore and many more. He is happily married to Smt. Padmini, a commerce Graduate, and blessed with a son Ghanashyam an Engineering Graduate with Masters in Science, who is married to Smt. Sneha an Engineering graduate with M.Tech.

Sri R RAGHUNATH

Born to Late Sri K. S. Rajagopala Rao & Smt. Vatsala. Graduated in Civil Engineering from NIE, Mysore. Working as professional Builder and Consulting engineer, has constructed several Residential, Commercial, Banks & Small Industrial Buildings.

Inducted to BAI, Mysore centre during 2004-05 when Sri N. S. Muralidhar was chairman who was Instrumental to join BAI. He has served in various levels at BAI Mysore Centre.

- Shilpi Coordinator during 2009-10 & 2010-11
- Hon. Joint Secretary, Mybuild 2008
- Hon. Secretary, MyBuild-11 during 'Silver Jubilee' of BAI, Mysore.
- Chairman, MyBuild-13, a Successful Edition.
- Hon. Treasurer, BAI, Mysore in 2014-15
- Hon. Secretary, MyGreen 2017
- Presently Hon. Secretary, BAI, Mysore in 2019-20
- Life Member of Builders' NGV Club, Bangalore
- Life Member of The Institution of Engineers (India)
- Chartered Engineer (India), approved by IEI
- Fellow Member of The Institution of Valuers (I)
- Approved Valuer of The Institution of Valuers (I)

He is happily married to Smt. Roopa K, blessed with two children Chi. Rajath R Haritsa & Chi. Roshan R Haritsa.



An Evening with Chairman Naidhruva



Interview with Chairman



As Shilpi Co-ordinator



As Hon. Secretary My Realty 2011



Co-ordinator for Pratibha Puraskara

- Q. Fore most hearty congratulations on becoming the chairman of BAI, Mysore centre. How are you feeling about this now?
- A. It gives me immense satisfaction and pleasure of achieving the highest position in the centre and at the same time it brings in huge amount of responsibility to keep up the exemplary work done by our past chairmen.
- Q. How was your journey in BAI uptill now?
- A. I was introduced to this prestigious organisation wayback in 2004 by Sri U.M. Gurushanthappa and got inducted during the period of Sri N. S. Muralidhara in the same year.
 - Since the time of my induction, I have been actively involved in the activities of the organisation. I was the EC member for quite a few years, Shilpi co ordinator in 2008, MyBuild secretary in 2010, My-Realty secretary and Chairman, Registration Committee, Bharath Parva in 2011, My-Build chairman in 2012, Joint-Secretary of BAI, Mysore Centre in 2014, Hon. Secretary in 2015, Vice-Chairman in 2017, Chairman Elect and Chairman of world environment month programmes in 2018.
- Q. BAI Mysore Centre has been a trailblazer and a pioneer in incorporating new programs. Your reactions.
- A. We all know about the exceptional performance of our centre and its recognition at the National level. It has stood out by winning the best centre award for a record 16 years. All this has been possible by the vision and hard work of our distinguished members and past chairmen. Be it in conducting mega events, health camps, setting up students wing Shilpi, Ladies wing Spoorthi, bringing out the monthly newsletter—Mysore Shilpi—we are unique in every aspect.
- Q. BAI Mysore Centre has a state of the Art building at its disposal. How would you utilise the venue?
- A. With the excellent building for MBCT ready, it will





now be our endeavour to make use of its facilities henceforth. We would like to have most of our programmes and events here at MBCT auditorium.

- Q. What are the most important values you demonstrate as a leader?
- A. I always believe in preparing for an event well in advance. Taking bold initiatives, striving to materialise goals, having time bound goals and finding out simplified means to achieve them are some of my personal traits.



- A. Rules should be a guiding force in achieving the goals and a slight deviation should not be construed as flouting a rule. Goals should have a human approach. Not just fulfilling goals, it should also be useful, to maximum number of people. More than being a personal success, it should be a team oriented effort.
- Q. What would be your plan of action and strategic vision for this year?
- A. With the able support and guidance of past chairmen and members we aim at making concerted efforts to improve the quality and content of the existing programs.
- To increase medical, financial, educational aid to construction workers.
- To improve the reach of existing schemes to the needy.
- To provide care for migrant construction workers in times of major accidents/distress.
- Very needy students can be financially supported. It
 will be our endeavour to provide an opportunity to
 students practical training and hands on experience.
 For this we would like to involve both the industry and
 technical people. A committee will look after this
 aspect.
- Q. What is the significance of the theme of this year— "BOND TO BUILD"?
- ➤ A. As humans are social beings, we are all bound by do's and dont's of the civilised society. To achieve anything, we need others help and support be it in family, office or an organisation. This year's theme exemplifies the same. It emphasies that we are from



Inauguration of MyBuild



Builder of the year



MyBuild 2012 Chairman with Secretary & Treasurer



WEM inaugural function with Chief guest Late Narayana Reddy





the construction industry mainly builders and united we strive and achieve – i.e., bonding - our combined effort. This is the essence of 'BOND TO BUILD'



- Q. Apart from construction related activities, does BAI Mysore Centre have events to showcase the talents of its members?
- ➤ A. Certainly, there are ample opportunities in our centre for the members to showcase their talent. 'Navarasa' the cultural forum is there for this purpose. Multi cultural shows are organised by the members for the members be it dancing, singing, dramatics etc. Even cookery shows for male members are conducted. I was fortunate enough to get various opportunities to participate in these activities.
- Q. A few words to your team members.
- A. BAI Mysore Centre is unique in all aspects. This has been possible due to members considering themselves as belonging to 'One Family". The combined efforts have culminated in bringing laurels to the centre at National level. I humbly look forward for the same integrated support, guidance and co-operation from Team 2019-20 and past chairmen of the Association. I wish this will make 2019-20 a 'ROCKING' one for all of us.



Editorial Nesk



सूर्य संवेदना पुष्पैः दीप्तिः कारुण्यगंधने । लब्ध्वा शुभं नववर्षे ऽस्मिन् कुर्यात्सर्वस्य मंगलम् ।

Surya Samvedana pushpaihhi Deeptihi Karunyagandhane, Labdhva Shubham Navavarshesmin Kuryatsarvasya mangalam.

As the sun gives light, sensibility brings compassion, flowers give pleasant Fragrance, may the new year be auspicious to all Builders & Spoorthians.

We editors of "Mysore Shilpi" monthly News letter brought by BAI Mysore centre, congratulate the new team headed by Mr. J.V.R. Naidhruva and Hon. Secretary R. Raghunath. We whole heartedly wish you & your team a successful year and hope to see you setting up new milestones with your new ideas. Best wishes for your next step.

Our warmest Congratulations to Mr.K.Sriram for being elected as National Vice President, BAI. He has also been nominated as CREDAI, Joint Secretary, National for the Second Term. We are pleased to see you achieving greater heights and adding one more feather to our BAI, Mysore centre."

Congratulations to Mr. N. S. Muralidhara, for being elected as Regional Co-ordinator South, BAI National.

Congratulations to Mr. S.R. Swamy, who has taken charge as managing trustee of Mysore Builders Charitable Trust .We wish you all the very best.

We would like to Congratulate Mr. Ambika pathy, of BAI Bangalore Centre, for being elected as BAI State Chairman, Karnataka. Our heartfelt Congratulations to the out going team headed by Mr. K. Subramanya Rao for accomplishing many a task so well in their tenure of 2018-19.

There is no greater time than now. Experience the full power of potential. To make every event memorable. We have taken the first step in this beautiful journey of bringing up this special edition to life. Our sincere gratitude to the chairman Mr. Naidhruva for providing us an opportunity to serve as editors of this Mysuru Shilpi Magazine. We welcome suggestions & feed back from our readers to give the best quality. We also thank all our seniors & friends for their guidance & support. We would like to express our heartfelt thanks to all our sponsors ,your generosity will not go unappreciated.



We welcome any suggestions at mysoreshilpi19@gmail.com





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Message From

<u>Sri K Subramanya Rao</u>

Outgoing Chairman, BAI, Mysuru

It is a wonderful feeling to see new team of Office bearers for the year 2019-20 headed by Sri. J V R Naidhruva, Chairman, and Sri R. Raghunath Hon. Secretary of our Builders' Association of India mysore centre, taking the centre to greater heights. At the outset I Congratulate the incoming Chairman Sri. JVR Naidhruva and the entire team for having been unanimously elected and wish them all the very best.

As chairman of BAI Mysore centre for the year 2018-19, I had a wonderful year with more than 60 meaningful and satisfying events with the dedication and support of the entire team. I take this opportunity to thank each and every member of BAI mysore centre, entire team of Spoorthi, the ladies wing of BAI, Saaya the students wing of BAI, for their great involvement and whole hearted support. I thank all our Past chairmen of BAI mysore centre, who were the guiding force for successful completion of my tenure. I assure that my support will always be there for the incoming team of BAI.

I also congratulate Sri. K Sriram for being elected as Vice President, BAI and also for being Nominated as CREDAI Joint Secretary-National for the second term.

I also Congratulate Sri. N S Muralidhara on being appointed as Regional Co-ordinator south, BAI National.

Message From

Smt. Shvetha

Outgoing President, Spoorthi

My Successful completion of one year of presidentship is the direct result of support and cooperation of all the members of spoorthi. The dedication and commitment served as a vital link in the chain to perform the best.

My significant accomplishment of one year has made me pen this message. I would like to express my immense gratitude for everybody's contribution which helped me to perform the best. This is mirrored in the best out come of all activities at Spoorthi.

We have been reaching many milestones year after year, which has made ourselves proud. In this regard, I value the support of every spoorthi member and the constant encouragement received from BAI. I wish we accomplish the task with a futuristic vision.

My grateful thanks to one and all and my best wishes for the new office bearers for the year 2019-20 headed by President Smt. Anitha Sridhar. I shall remain an active participant in all the future activities of spoorthi.

Thanking you all once again.





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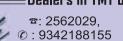


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The list of Office Bearers & Executive Committee of our Center for the year 2019-2020

Gen. Council Members



Naidhruva J.V.R. Chairman



Rathnaraj M. Vice Chairman



Subramanya Rao K. Imm. Past Chairman



Dinesh B.S.Chairman Elect



Raghunath R. Hon. Secretary



Yoganarasimha A.S. Hon. Joint Secretary



Prabhakara Rao K.R. Hon, Treasurer



Muralidhara N.S.



K. Sriram



U.M. Gurushantappa



Subramanya N.

EXECUTIVE COMMITTEE MEMBERS



Mallikarjun M. C. Special GCMC Member

Co-opt GC-Member



Ravindra Bhat A.R.



Vishwanath N.P.



Ajit Narayan K.



Anand N.S.



Ashok G.



Chandrashekar M.D.



Dinesh S.L.



Govindaraju K.T.



Lokesh N.



Mohan Kumar V.



Parthasarathi T.N.



Praveen Pal M.D.



Ramesh Rao R.



Ravi Rathnakar H.B.



Revani Prasad B.H.



Santhosh Mirle



Srikanth C.S.

Co-opted EXECUTIVE COMMITTEE MEMBERS



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Krishna C. D.



Mohan N. Kunte



Ravi Prakash K



Shreyams Kumar S. K.

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Gurudatt V. Hon. Joint Secretary



Vasudevan S. Chairman



MYBUILD -19

Sathish Mohan K. Hon. Secretary

SHILPI CO ORDINATORS



Mahabaleshwara Bairy Hon. Joint Secretary

MYREALTY-19

Srinivas S.H.

Chairman



Shashiraj S. Chairman



Chandrashekar Bharadwaj B.S. Hon. Secretary



Sriram (GSS) Hon. Joint Secretary



Srinath V.



Dinesh A.



Udai Kumar S.



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INCREDIBLE ANCIENT TECHNOLOGIES THAT WERE WAY AHEAD OF THEIR TIME

We are yet to uncover so many things of he past. The ancient times were further ahead than we presume them to be. There have been many discoveries that determine that the ancient Greeks, Romans, and other civilizations had devised numerous technologies to accomplish day-to-day work. One such example is, From refrigerators for keeping ice cool in hot desert to cups that could change color.

BY 400 BC, Persian engineers had mastered the technique of storing ice during summer in deserts.



Yakhchal or icehouse, Meybod, Iran.

During the winter, the Persian people used to bring ice from nearby desert. The ice pits, known as "YAKHCHAL", were one of the most ancient refrigerators known to mankind. They were also used to keep food cool and healthy during the intense summer.

On first glance, the structure looks like a large dome made from mud brick. Some of the structures were as tall as 60 feet. Below the dome lies a large underground space with excess storage area. The underground space was as large as 500 cubic meters. The underground space was connected to a "qanat", or wind catch. The wind catch consisted of multiple windcatchers that had the ability to bring down the temperature to frigid

levels during the summer.

The wall of the dome used to be as thick as two meters. Moreover, it was made by a special mortar that was comprised of sand, clay, egg whites, lime, goat hair, and ash in specific proportions. The walls were resistant to heat transfer, thus keeping the insides cool. Also, they were impenetrable to water which helped to keep the ice melted a little bit? For such unforeseen circumstances, a trench was provided at the bottom so that the melted water could be caught and frozen again during the chilly desert nights. The entire structure was really well-tought despite being from an ancient era. (SOURCE)

